



HOW TO
STUDY YOUR

BIBBLE

A RESOURCE FOR WOMEN

STUDY GUIDE: INTRO LESSON



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LESSON 1: WHY LEARN TO STUDY GOD'S WORD

Dear sister,

Before we dive in, we just want to say, welcome! You're stepping into a lifelong journey of studying God's Word, and we're so glad you're here. We understand your time is valuable! We all wear many hats, but one thing is certain—nothing compares to the life-changing pursuit of knowing Christ through His Word.

Our hope is that every exercise, handout and section will encourage and equip you to dig deep into God's Word. And our prayer is this: that as you open your Bible and gaze on our awesome God, your heart would grow in deeper, sweeter and stronger love for Jesus.

So grab your Bible, a pen, some coffee and a friend, and get ready for one of the greatest adventures of your life.

Why Learn to Study God's Word?

Do you remember road maps? Before GPS and Google Maps, a paper map was all we had to get from one place to another—and they were pretty important. Most people had one tucked in their glovebox. But just owning a map wasn't enough to make sure you ended up in the right place. You had to actually **know how to read it, follow it, and trust it**. Ignoring the map, or thinking you knew better, could lead to serious detours or even dangerous situations.

Scripture Is the Roadmap to Knowing Jesus

The Word of God is like a roadmap. **It leads us, step by step, toward Jesus.** With every turn of the page, we're pointed to Him and to the Father who sent Him (John 17:3). That's the destination: **Jesus**—and eternal life with Him.

But if we don't learn how to **read, interpret and apply** that roadmap correctly, we run the risk of missing the very One it's meant to reveal.

REFLECTION QUESTION:

- Why do you read your Bible? Why is knowing Jesus so important?





Scripture Is the Roadmap for Growing in Jesus

Scripture is not only sufficient to lead us to Jesus—it also grows us in Him. God’s Word **shapes and transforms** us into the women He created us to be.

Read: 2 Timothy 3:14-17

REFLECTION QUESTION:

- From the text, how does the Bible grow us? What does this teach us about the importance of regular Bible study?

Scripture Is the Sword for Living with Jesus

“And take the helmet of salvation, and the sword of the Spirit, which is the Word of God.”
— Ephesians 6:17

God’s Word isn’t just a guide. **It’s a weapon.** When we’re tempted, weary or under spiritual attack, **Scripture equips us** to stand firm and fight with truth.

Read: Matthew 4:1-11

REFLECTION QUESTIONS:

- How did Jesus use Scripture in these verses?
- In light of this passage, how important is Scripture memorization?

Where Do I Start?

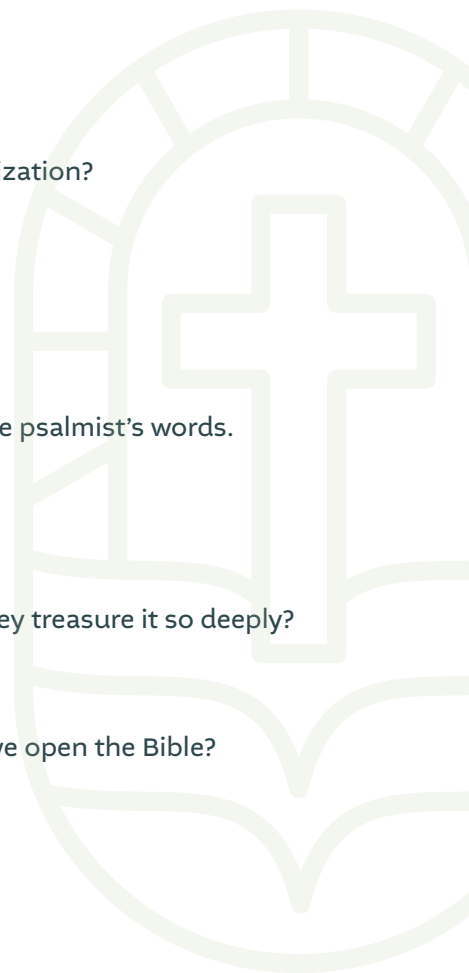
Looking at Our Hearts

Read: Psalm 19:7-14; 119:9-16, 17-18, 24, 25-32, 33-40

As you reflect on these passages, consider the heart behind the psalmist’s words.

REFLECTION QUESTIONS:

- How do the psalmists describe God’s Word, and why do they treasure it so deeply?
- What do these verses reveal about:
 - The nature of Scripture?
 - The necessity of Scripture?
- What should the posture of our own hearts be each time we open the Bible?





Prioritizing Prayer

A humble heart before God is a praying heart to God.

Prayer is an **essential** part of **engaging God's Word**. The psalmists didn't just read Scripture. They cried out for understanding, transformation and help. Their posture reminds us that **dependence on God** is key to truly knowing Him.

REFLECTION QUESTIONS:

- Who are the psalmists speaking to in these verses?
- What is the tone of their prayers?
- Why is it important to ask God for understanding as we read His Word?
- How much of a priority is prayer to the psalmists? How about you?

Choose a few of the verses from the previous section. Write them on notecards and place them in your Bible. As you begin each study time, pause and pray one of those verses back to God.

