



## Retreat Swag

Optional retreat t-shirts and retreat water bottles may only be ordered at the time of registration. T-shirts\* feature the Abide logo and are \$20 per shirt and range in size from S-3XL. You will receive the size for which you pre-order. Water bottles are \$10 each and are clear, BPA free, 34 oz. water bottles that feature the Embrace logo. Items may be ordered separately or together, but must be ordered at the time of registration. Items may be picked up at the time of retreat check-in.

\*Please note that t-shirts fit snug. If you prefer a loose shirt we suggest ordering a size up.