



YOUNG ADULTHOOD



Milestones



WHAT IS THE YOUNG ADULT MILESTONE?

As a young adult, you have distinct opportunities to grow in your faith and make a substantial contribution to the kingdom. In fact, the season you're in has the potential to be the most formative period of your life. Peninsula wants to help you determine how to best honor God in this time. Even young adult Christians with the best intentions often drift into a single lifestyle marked by recreational relationships, hyper individualism, consumption and leisure. Following this cultural path, it's no surprise some young adults find their lives stalling out to loneliness, a series of broken relationships and a general lack of purpose. We want to help you break out of this cycle, pause and reflect on how to become an intentional Christ follower rather than a passive participant in the culture.

WHAT IS THE GOAL?

As you transition from living under the direction and guidance of your parents to life in the "real world," we want to help you stay focused on a life in Christ. The time between the teen years and the parenting years as a prime opportunity to serve Christ in unique ways. Peninsula wants to help you abide in Christ through this stage of life, prepare for having your own family, and serve Christ in our church and community.

YOUNG ADULTS AT PENINSULA

At Peninsula, we are committed to **LIVE BIBLICAL TRUTH, BUILD SOLID FAMILIES,** and **IMPACT OUR COMMUNITY AND WORLD FOR CHRIST.** The way we implement these values is through discipleship. We want to be “disciples who make disciples.” These values are true for our entire church family. However, as a young adult, you have a unique opportunity to focus on these values without the demands of caring for a family. You have a responsibility to prepare yourself for the next phase of life that God has in store for you.

ABIDE IN CHRIST



LIVE BIBLICAL TRUTH

“I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.”

John 15:5

“The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly.”

John 10:10

The essence of being a Christ follower is abiding in Him. As a young adult, your life in Christ is about a relationship. As we identify factors that help us grow in Christ, it is tempting to view those factors as a checklist to complete. The *Young Adult Milestone* is about growing in relationship with Jesus Christ. As you seek to grow in Christ, there are personal disciplines that will help you along the way. Growing in each of the disciplines means growing closer to Christ.

“I have stored up your word in my heart that I might not sin against you.”

Psalms 119:11

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SCRIPTURE

God's Word is a love letter to all those who follow Christ. It reveals who God is and gives direction on how to live. We adjust our lives to Scripture with the help of the Holy Spirit. It is the primary way God speaks to His people. Knowing and loving Scripture is a lifelong path of discovering more of God's truth every day. We read, meditate on, and memorize this life-changing book in a pursuit to know Him more. We teach this book to the generations to follow, opening their eyes to the truth and love of a God passionate about loving His creation.

AUTHENTIC FAITH

Authentic faith is believing in God, who He is, and trusting His Word to be true. Authentic faith crosses a line from mental acknowledgement to trust and belief that demands action. It invades every area of our lives and becomes the foundation of who we are. Authentic faith is real at home, work and in every area of life, breaking down compartments. We model this faith to the generations that follow and teach them to believe in a God who is always faithful and good. Authentic faith trusts God for eternal salvation and His consistent leadership in daily life. It is a lifelong path as we grow to trust Him more each passing day.

"If anyone would be first, he must be last of all and servant of all."

Mark 9:35

PRAYER

Prayer is a conversation with God. We pour out our hearts to God communicating every part of our lives. Life in Christ is filled with heart-felt prayer, blessing God and asking for His leadership in everyday life.

"If you love Me, you will keep My commandments."

John 14:15

"You shall love the Lord your God with all your heart and with all your soul and with all your mind."

Matthew 22:37

GENEROUS LIVING

Life in Christ is sacrificial. It is a life of giving oneself to others in Jesus' name. God has blessed every believer with gifts, talents, energy, time and resources. He calls every believer to give time, energy, and resources to be used according to his or her gifts and talents. A sacrificial life happens when we serve others and give with a joyful heart. Jesus himself came to serve, setting the ultimate example. We follow that example and teach those who follow us to give and serve. This is a lifelong path realizing that we were created to give and serve to the glory of God.

"This is my commandment, that you love one another as I have loved you."

John 15:12

COMMUNITY

Genuine biblical community exists where followers of Christ do life together. It is a place where believers gather for authentic worship that leads to openness, safety, and biblical accountability. It is a place where Christians **love one another** following the second greatest commandment. Biblical community is an intentional investment in other Christ-followers and is the only way to completely live Biblical truth.

LOVE THE LORD YOUR GOD WITH ALL YOUR HEART, ALL YOUR SOUL AND ALL YOUR MIND. THIS IS THE FIRST AND GREATEST COMMANDMENT. AND THE SECOND IS LIKE IT: LOVE YOUR NEIGHBOR AS YOURSELF.

PREPARE FOR YOUR OWN FAMILY

BUILD SOLID FAMILIES

The *Young Adult Milestone* spans that period of time after the teen years before the parenting years. Just because you are not married or do not have children living in your home, does not mean that you cannot be involved in building solid families. Young adults can build solid families by:

- Investing in your own relationship with Christ. The foundation of a strong marriage and strong parenting is a strong personal relationship with Christ. As you grow to be more like Christ and walk closer with Him, you are preparing yourself to be a healthy marriage partner and healthy parent.
- Investing in other families in our church and community. Seek to get involved in the Peninsula Kids ministry or Peninsula youth ministry. As you interact with children and teenagers, you will help them grow in their relationship with Christ while also helping prepare yourself for parenting.

SERVE OTHERS



IMPACT OUR COMMUNITY AND WORLD FOR CHRIST

As a young adult, you have more freedom and flexibility than any other life phase to serve Christ in unique ways. This is an ideal time for short term mission projects, serving in our community, and serving in special projects at Peninsula.

DISCIPLES WHO MAKE DISCIPLES

“Go therefore and make disciples of all nations...”

Matthew 28:19

Jesus gave a clear command to His followers to make disciples. A disciple maker owns this responsibility as a natural part of his walk on the path of life in Christ. As you seek to live Biblical truth, prepare to build a solid family, and impact your community and world for Christ; you will grow as a disciple of Christ. As a natural by-product of your growth, you should constantly seek to pour your life into the lives of others.

The *Young Adult Milestone* is not just a holding tank before “real” adult life begins. It is an opportune time to grow in your relationship with Christ and invest in the lives of others.



RESOURCES

Boundless.org

Visionary Marriage *by Rob Rienow*

Don't Waste Your Life *by John Piper*

Know What You Believe *by Paul Little*

Follow Me: A Call to Die. A Call to Live. *by David Platt*

Multiply: Disciples Making Disciples *by David Platt and Frances Chan*