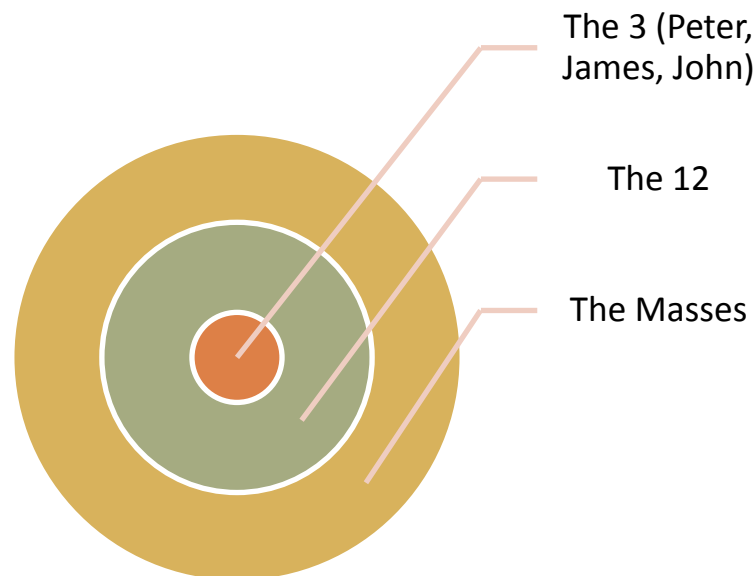


BEST PRACTICES IN DISCIPLE-MAKING

- Discipleship is about:
 - Process NOT Program
 - Relationships NOT Classes
 - Transformation NOT Information
 - Reproduction NOT Depth
- Ingredients for discipleship:
 - Relational Intentionality
 - Transparency
 - Life Transformation
 - Multiplication
- KEY WORD: Intentionality!!
- Jesus and Discipleship
 - Jesus made disciples a few at a time.
 - Jesus had different relationships with different audiences.
 - "He appointed twelve--designating them apostles--that they might **be with Him** and that He might send them out to preach and to have authority to drive out demons"
Mark 3:14-15



- Paul and Discipleship
 - "And what you have heard from me in the presence of many witnesses entrust to faithful men who will be able to teach others also." 2 Timothy 2:2
 - 4 Generations: Paul – Timothy – Faithful Men – Others

DISCIPLE-MAKING TRIADS

Groups of 3 people (sometimes 4) who meet together for the purpose of discipleship with the goal of spiritual growth, authentic relationships, and multiplication.

- Elements of a Triad
 - Transparent Relationships
 - Truth of God's Word
 - Mutual Accountability

- Starting a Triad
 - Prayerfully select 2 people who are "ripe" for discipleship. (Luke 6:12-16)
 - Be prayerful
 - Be discerning – Candidates may not be the "usual suspects"
 - Be selective – You select them, they don't select you
 - Be prepared to be accused of "playing favorites"
 - Ask them to commit to these expectations:
 - Meet weekly for 60-90 minutes for 6-12 months
 - Study the Bible
 - Memorize Scripture
 - Pray together
 - Witness to the lost
 - Share their struggles within the triad
 - Ask them to commit to multiplication by leading a new triad when this one is complete with the same expectations.
 - Lead them through a weekly guided Bible study.
 - Study a book of the Bible by reading a chapter each week
 - Or use an appropriate study guide or method (see resources below)
 - Memorize the same Scripture weekly and recite to one another
 - Ask accountability questions such as:
 - What has God taught you this week?
 - How has He taught you that?
 - Were you able to share the Gospel with anyone?
 - Were you faithful to your family this week in thoughts and actions?
 - How can we pray for you?
 - At the end of the agreed upon time multiply by launching new triads!

THE MYSTERY OF MULTIPLICATION

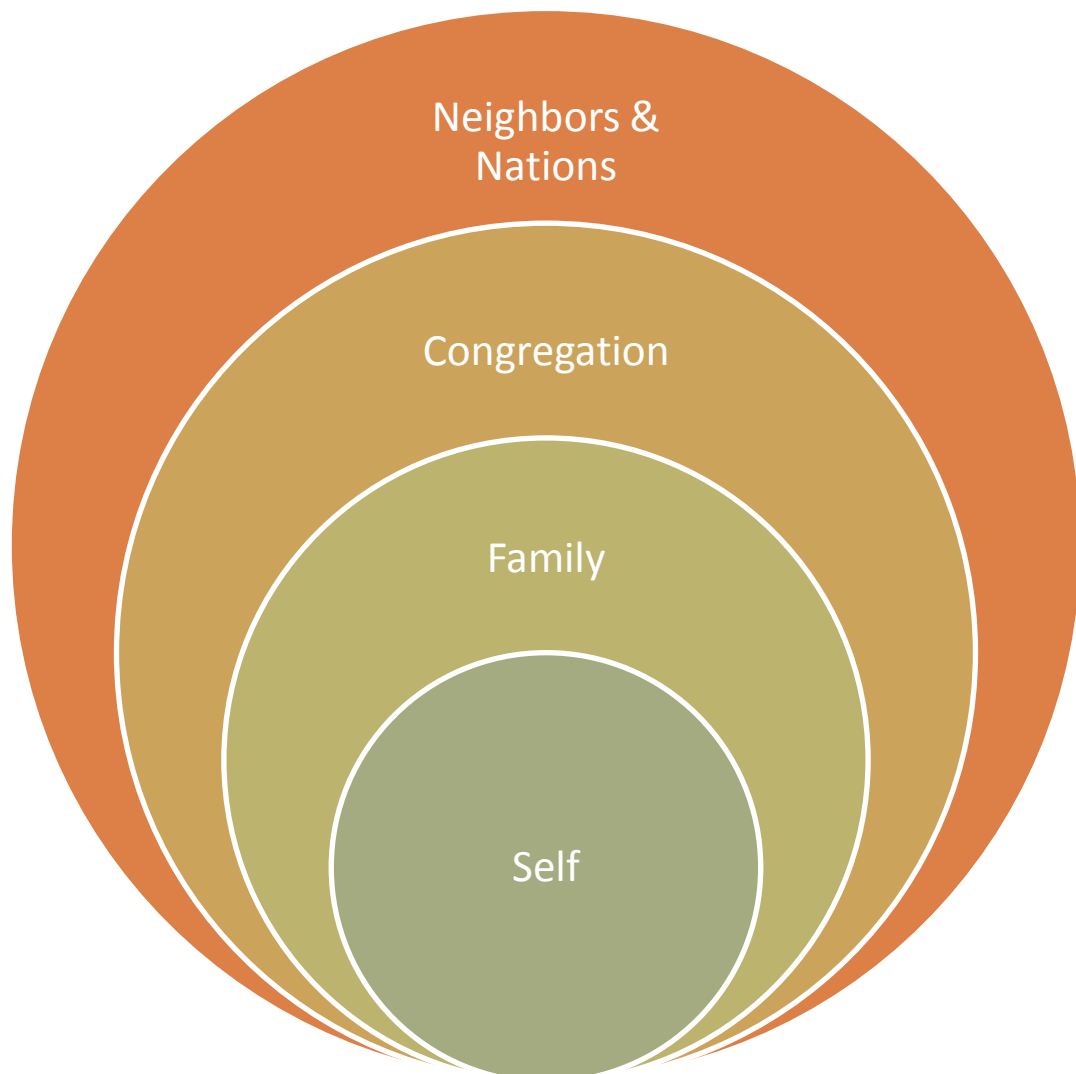
In the long run, which has more impact – winning one person a day to Christ or discipling one person for a year who commits to disciple another?

| Year | Evangelist | Discipler |
|------|------------|-----------|
| 1 | 365 | 2 |
| 2 | 730 | 4 |
| 3 | 1,095 | 8 |
| 4 | 1,460 | 16 |
| 5 | 1,825 | 32 |
| 6 | 2,190 | 64 |
| 7 | 2,555 | 128 |
| 8 | 2,920 | 256 |
| 9 | 3,285 | 512 |
| 10 | 3,650 | 1,024 |
| 11 | 4,015 | 2,048 |
| 12 | 4,380 | 4,096 |
| 13 | 4,745 | 8,192 |
| 14 | 5,110 | 16,384 |
| 15 | 5,475 | 32,768 |
| 16 | 5,840 | 65,536 |

Source: Keith Philips, *The Making of a Disciple* (Old Tappan, NJ: Revell, 1981), 23.

RELATIONSHIPS FOR DISCIPLE-MAKING

A disciple-making culture doesn't just happen when the church gathers as a congregation. Discipleship is holistic and is lived out in at least four different relationships. **In fact, you know more about the disciple-making culture when the church is *scattered* than you do when the church is *gathered*.**



DISCIPLE-MAKING RESOURCES

- Resources for Triads
 - *Discipleship Essentials* by Greg Ogden
<http://gregogden.com/>
 - DNA Groups (Discipleship, Nurture, Accountability) – Soma Communities
<http://www.gcmcollective.com/article/gospel-dna/>
 - Life Transformation Groups – *Cultivating a Life for God, Search and Rescue*, Neil Cole
<http://www.cmaresources.org/files/Cultivating-NeilCole-chap8.pdf>

- Other Resources
 - LifeWay - <http://www.lifeway.com/n/Bible-Study/Discipleship-Groups>
 - NavPress - <http://www.navpress.com/>
 - G3 Self Discovery Tool by Chuck Campbell, Associational Missionary, Transylvania (NC) Baptist Association - <https://itunes.apple.com/us/book/g3-self-discovery-tool/id604573221?mt=11>
 - Gospel-centered discipleship - <http://www.gospelcentereddiscipleship.com/>
 - GCM Collective - <http://www.gcmcollective.com/resources/>
 - Verge Network - <http://www.vergenetwork.org/>
 - T4T - <http://t4tonline.org/>

- Other Books Worth Reading
 - Chan, Francis. *Multiply*. (2012)
 - Chester, Tim and Steve Timmis. *Everyday Church*. (2012)
 - Coleman, Robert. *The Master Plan of Evangelism*. (1963, but updated several times)
 - Dodson, Jonathan. *Gospel-Centered Discipleship*. (2012)
 - Geiger, Eric, et. al. *Transformational Discipleship*. (2012)
 - Marshall, Colin and Tony Payne. *The Trellis and the Vine*. (2009)
 - Ogden, Greg. *Transforming Discipleship*. (2003)
 - Platt, David. *Follow Me*. (2013)
 - Putman, Jim. *Real-Life Discipleship*. (2010)
 - Smith, Steve and Ying Kai. *T4T, A Discipleship Re-Revolution*. (2011)
 - Willard, Dallas. *The Great Omission*. (2006)