

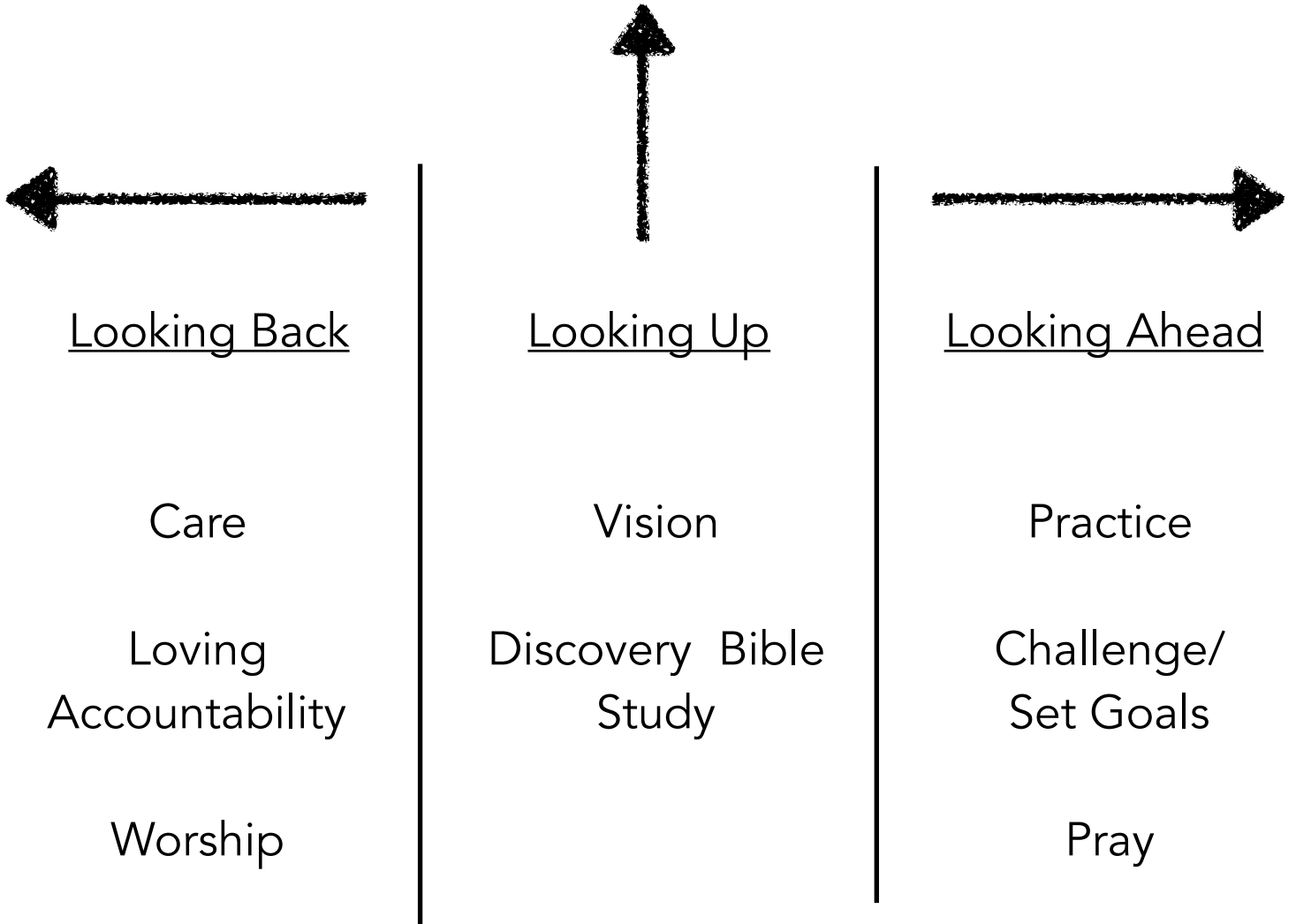
Commands of Christ



Equipping A Follower of Jesus To Simply Obey His Commands

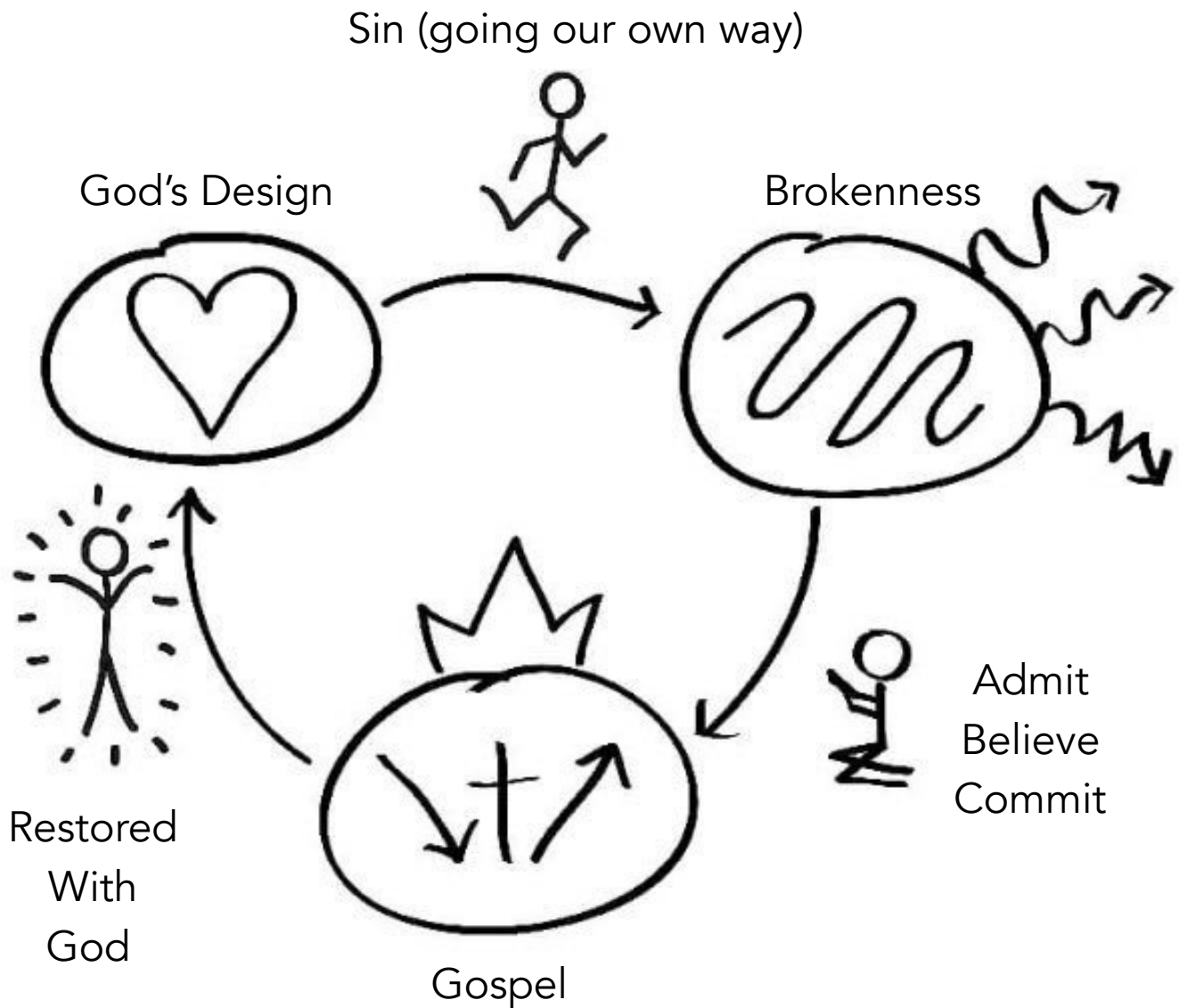
3/3rds Method

a simple framework for the meeting time



3 Circles Gospel Tool

The 3 Circles starts with God's Design. From there, our departure from God's design as sinful people leads us into brokenness. We try everything we can to get out of brokenness and fix our lives (illustrated by the squiggly arrows). Our relief from brokenness is found in repentance. We must **admit** we are separated from God by Sin, **believe** the Gospel, and **commit** our lives to Jesus in order to be rescued from brokenness. The Gospel is Christ dying in our place on the cross and taking the penalty that we deserve for our sins. He was resurrected, and in turn we are resurrected into a new life when we believe in the Gospel. Through God's grace we are able to recover and pursue His design for our lives – from wherever we are.



7 Commands.

1. Repent/ Believe

2. Baptism

3. Gather

4. Love Our Neighbors

5. Make Disciples

6. Pray

7. Persevere

Teacher Tips When Leading The Discovery Bible Study (Looking Up)

1. **Pray** that God would give everyone eyes to see and ears to hear when reading this text.
2. **Read** the command, then **read** the story
3. What do you **SEE**?
 - This is pure observation, no commentary. One person could retell everything they remember, or it could be a group effort. Also, if the text is long you may have them stop and observe smaller portions.
4. What does it **MEAN**?
 - Good starters here are what does it say about **God**? What does it say about **people**? You may add another specific question based on a major theme/topic, or just open it up and let them go for it.
5. What will I **DO**?
 - In light of this knowledge/truth what will I do. This is really important! It's setting the DNA for a true disciple of Christ. One who learns and then obeys.
6. Who will I **TELL** this story or the 3 Circles to?
 - Have them be specific here.

Getting Started...

Repent/ Believe

Luke 7:36-50



LOOKING BACK

Start Meeting Times With These Questions:

- Since we met last what is something you are **thankful** for?
- What is **stressing** you out? Listen, love & pray
- Take time to **worship** God together through reading a Psalm or asking these questions:
 - What is something you are learning about God?
 - What are your favorite things about God?

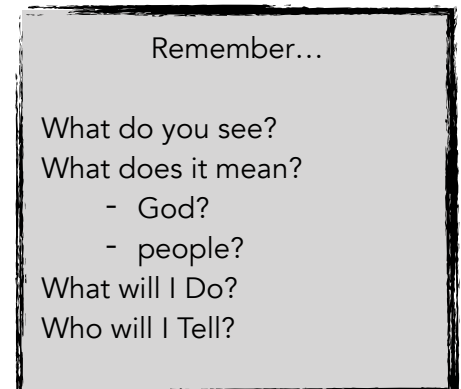
LOOKING UP

Cast Vision

- Who is near to you but far from God?
- Draw out your [oikos map](#) and pray.

Discover From The Word (see teacher tips page 6)

- Read the Command: Mark 1:15
- Read the Story about the command: Luke 7:36-50
- **Keys to promoting understanding:**
 - What does "repent mean"?
 - What does "believe" mean?
 - Why should we repent?
 - Who should repent?
 - What assurance do we have that our sins are forgiven?
 - **For further reference:** Romans 10:9-10, Acts 2:38-41, 1 John 1:9, 2 Corinthians 5:21, John 10:28



LOOKING AHEAD

Practice the [3 Circles Gospel Presentation](#).

Challenge/ Set Goals

- Challenge the group to read 1-2 chapters of scripture a day before next meeting.
 - Good starting places are the F260 Reading Plan OR start with the Gospel of Mark
- Restate "**What I will do**" and "**Who will I tell**" goals. Have someone write these down for every person.
 - Go sharing with your coach. Have them **model** for you.
 - Set a personal goal to share the gospel with **3-5 people** this week.

Pray that the group would know, love, and obey God this week.

Baptism

Acts 8:26-39



LOOKING BACK

Start Meeting Times With These Questions:

- Since we met last what is something you are **thankful** for?
- What is **stressing** you out? Listen, love & pray.
- How did **obedience** to what we learned last time go? I will do... + I will tell.
 - If there was no obedience ask why and how you can help them obey.
 - It is very helpful if someone records these for the group each week.
- Take time to **worship** God together through reading a Psalm or asking these questions:
 - What is something you are learning about God?
 - What are your favorite things about God?

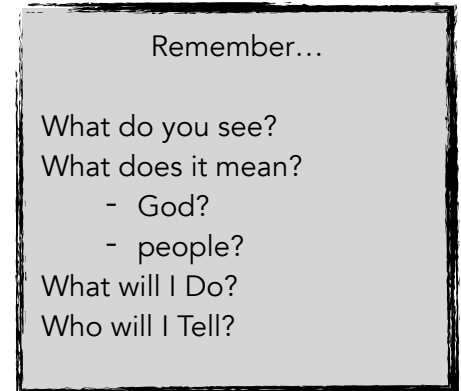
LOOKING UP

Cast Vision

- Who is near to you but far from God?
- Draw out your [oikos map](#) and pray.

Discover From The Word (see teacher tips page 6)

- Read the Command: Matthew 28:19
- Read the Story about the command: Acts 8:26-39
- **Keys to promoting understanding:**
 - What is baptism?
 - Why should we be baptized?
 - How should we be baptized?
 - **For further reference:** Romans 6:3-4, Matthew 3:13-16, Acts 2:38



LOOKING AHEAD

Practice the [3 Circles Gospel Presentation](#).

Challenge/ Set Goals

- Challenge the group to read 1-2 chapters of scripture a day before next meeting.
 - Good starting places are the F260 Reading Plan OR start with the Gospel of Mark
- Restate "**What I will do**" and "**Who will I tell**" goals. Have someone write these down for every person.
 - Go sharing with your coach, but **assist** them in sharing the 3 Circles.
 - Set a personal goal to share the gospel with **3-5 people** this week.

Pray that the group would know, love, and obey God this week.

Gather

Acts 2:41-47



LOOKING BACK

Start Meeting Times With These Questions:

- Since we met last what is something you are **thankful** for?
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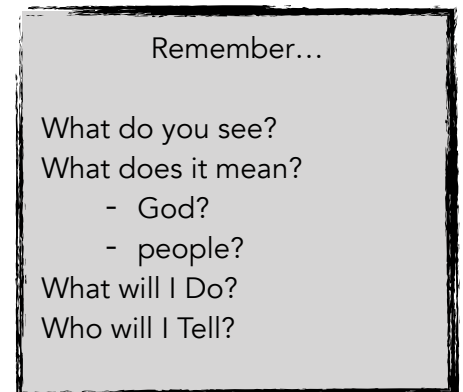
LOOKING UP

Cast Vision

- Read through Psalm 46:10 and meditate on it.

Discover From The Word (see teacher tips page 6)

- Read the Command: Hebrews 10:24-25
- Read the Story about the command: Acts 2:41-47
- **Keys to promoting understanding:**
 - What did the disciples do when they gathered?
 - How do other believers encourage our faith?
 - How do we help others grow in their faith?
 - **For further reference:** Acts 4:32, 1 Corinthians 11:23-28, Philippians 4:6-7, 2 Corinthians 9:6-7, Colossians 3:16



LOOKING AHEAD

Practice the [15 Second Testimony](#).

Challenge/ Set Goals

- Challenge the group to read 1-2 chapters of scripture a day before next meeting.
 - Good starting places are the F260 Reading Plan OR start with the Gospel of Mark
- Restate "**What I will do**" and "**Who will I tell**" goals. Have someone write these down for every person.
 - Go sharing with your coach, but the coach **watches** them sharing the 3 Circles.
 - Set a personal goal to share the gospel with **3-5 people** this week.

Pray that the group would know, love, and obey God this week

Love Our Neighbors



Luke 10:25-37

LOOKING BACK

Start Meeting Times With These Questions:

- Since we met last what is something you are **thankful** for?
- What is **stressing** you out? Listen, love & pray.
- How did **obedience** to what we learned last time go? I will do... + I will tell.
 - If there was no obedience ask why and how you can help them obey.
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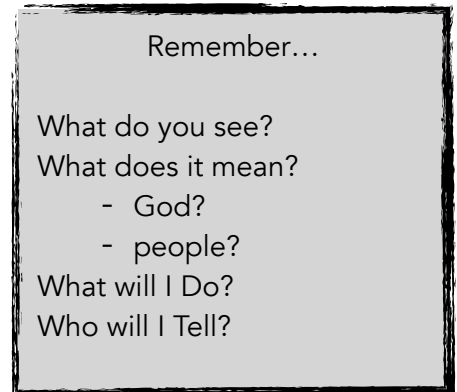
LOOKING UP

Cast Vision

- Who is near to you but far from God?
- Draw out your [oikos map](#) and pray.

Discover From The Word (see teacher tips page 6)

- Read the Command: Matthew 22:37-39
- Read the Story about the command: Luke 10:25-37
- **Keys to promoting understanding:**
 - What is love?
 - Why do we love?
 - How do we demonstrate love to our neighbors?
 - **For further reference:** John 15:13, John 13:34-35, James 2:8, 1 John 4:7-12



LOOKING AHEAD

Practice the [15 Second Testimony](#).

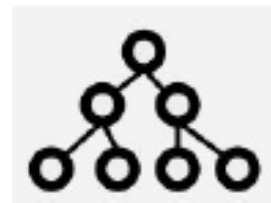
Challenge/ Set Goals

- Challenge the group to read 1-2 chapters of scripture a day before next meeting.
 - Good starting places are the F260 Reading Plan OR start with the Gospel of Mark
- Restate "**What I will do**" and "**Who will I tell**" goals. Have someone write these down for every person.
 - Commit to **sharing** the 3 Circles with someone within the next 48 hours on your own.
 - Set a personal goal to share the gospel with **3-5 people** this week.

Pray that the group would know, love, and obey God this week

Make Disciples

John 4:4-42



LOOKING BACK

Start Meeting Times With These Questions:

- Since we met last what is something you are **thankful** for?
- What is **stressing** you out? Listen, love & pray.
- How did **obedience** to what we learned last time go? I will do... + I will tell.
 - If there was no obedience ask why and how you can help them obey.
 - It is very helpful if someone records these for the group each week.
- Take time to **worship** God together through reading a Psalm or asking these questions:
 - What is something you are learning about God?
 - What are your favorite things about God?

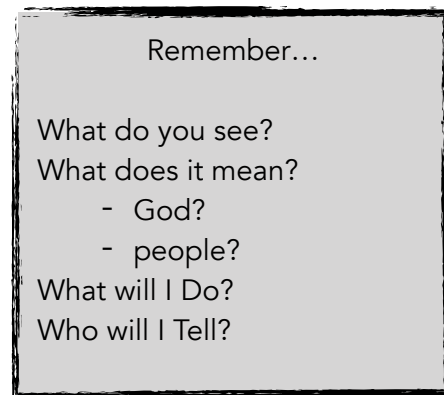
LOOKING UP

Cast Vision

- What does a healthy Jesus Community/ Church look like?
- Read Acts 2: 42-47

Discover From The Word (see teacher tips page 6)

- Read the Command: Matthew 28:18-20
- Read the Story about the command: John 4:4-42
- **Keys to promoting understanding:**
 - With whom should we share the gospel?
 - What should we say?
 - Who is qualified to go?
 - **For further reference:** John 4:16 & 29, Romans 1:16, 2 Corinthians 5:17-21, 1 Peter 3:15



LOOKING AHEAD

Practice [Transitions to the Gospel](#).

Challenge/ Set Goals

- Challenge the group to read 1-2 chapters of scripture a day before next meeting.
 - Good starting places are the F260 Reading Plan OR start with the Gospel of Mark
- Restate "**What I will do**" and "**Who will I tell**" goals. Have someone write these down for every person.
 - Commit to **sharing** the 3 Circles with someone within the next 48 hours, and **model** how to share with a new believer.
 - Set a personal goal to share the gospel with **3-5 people** this week.

Pray that the group would know, love, and obey God this week.

Pray

Matthew 6:5-15



LOOKING BACK

Start Meeting Times With These Questions:

- Since we met last what is something you are **thankful** for?
- What is **stressing** you out? Listen, love & pray.
- How did **obedience** to what we learned last time go? I will do... + I will tell.
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- Take time to **worship** God together through reading a Psalm or asking these questions:
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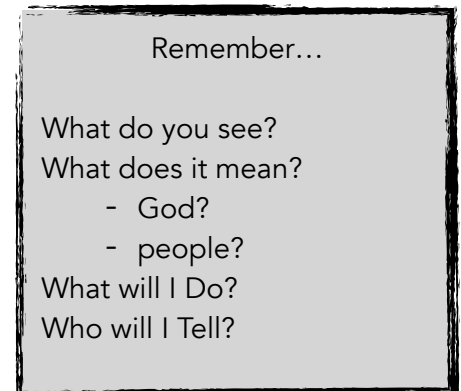
LOOKING UP

Cast Vision

- Draw out your [oikos map](#) and pray.
- Talk about what happens after you reach your oikos.

Discover From The Word (see teacher tips page 6)

- Read the Command: Matthew 6:9-13
- Read the Story about the command: Matthew 6:5-15
- **Keys to promoting understanding:**
 - Why do we pray?
 - How do we pray?
 - How do we know God hears our prayers?
 - **For further reference:** Philippians 4:6-7, 1 John 5:13-15, Jeremiah 33:3, Psalm 34:4



LOOKING AHEAD

Practice [Transitions to the Gospel](#).

Challenge/ Set Goals

- Challenge the group to read 1-2 chapters of scripture a day before next meeting.
 - Good starting places are the F260 Reading Plan OR start with the Gospel of Mark
- Restate "**What I will do**" and "**Who will I tell**" goals. Have someone write these down for every person.
 - Go sharing with your disciple within the next 48 hours, but have your disciple **assist** you.
 - Set a personal goal to share the gospel with **3-5 people** this week.

Pray that the group would know, love, and obey God this week

Persevere

Luke 22:39-47



LOOKING BACK

Start Meeting Times With These Questions:

- Since we met last what is something you are **thankful** for?
- What is **stressing** you out? Listen, love & pray.
- How did **obedience** to what we learned last time go? I will do... + I will tell.
 - If there was no obedience ask why and how you can help them obey.
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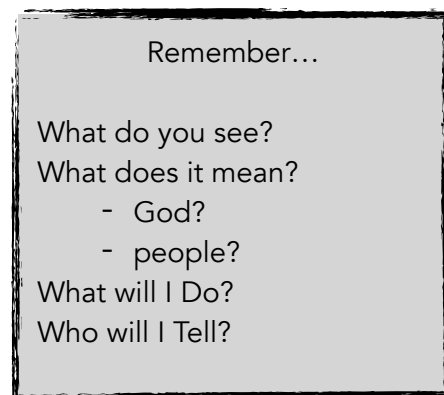
LOOKING UP

Cast Vision

- Read Acts 19: 8-10 and Romans 15:23
- Briefly explain what you see. Could this happen in your neighborhood/ city?

Discover From The Word (see teacher tips page 6)

- Read the Command: John 16:33
- Read the Story about the command: Luke 22:39-47
- **Keys to promoting understanding:**
 - What does it mean to persevere?
 - How can we persevere through trials and temptation?
 - What do we gain through persevering?
 - **For further reference:** John 15:18-25, James 1:2-3, 1 Peter 1:6-7, Colossians 1:11



LOOKING AHEAD

Practice - talk about how to start discipling/ coaching others. Prepare them to start the Commands of Christ with those they have led to Christ.

Challenge/ Set Goals

- Challenge the group to read 1-2 chapters of scripture a day before next meeting.
 - Good starting places are the F260 Reading Plan OR start with the Gospel of Mark
- Restate "**What I will do**" and "**Who will I tell**" goals. Have someone write these down for every person.
 - Go sharing with your disciple(s) within the next 48 hours, but step back and **watch** them share.
 - Set a personal goal to share the gospel with **3-5 people** this week.

Pray that the group would know, love, and obey God this week

START LONG- TERM DISCIPLESHIP

By this point, you *should* be having your disciples lead pieces of the 3/3rds, or help them start discipleship groups of their own. The goal for your disciples is two- fold: spiritual health and multiplication. Your goal as a disciple- maker is to create an environment where your disciples love God and learn how to reproduce themselves in others as you are doing with them (see *2 Timothy 2:2*). As you continue to pour into them, you are also helping them pour into others.

Now that you have completed the short-term discipleship (Commands of Christ), continue on to “Long-term discipleship” using the 3/3s “Three Thirds” Format and the “See, Mean, Do, Tell” questions. The “Discover From The Word” portion will be passages from the Bible and we suggest starting in **Mark’s gospel** using the schedule listed below.

Once you finish the book of Mark, move on to the **Book of Acts**, then the **Book of Romans**. After completing these with your disciple(s), feel free to continue in another book of the Bible, or do **The Story** bible study with them.

1. Mark 1	7. Mark 6:33-56	13. Mark 10:32-52	19. Mark 14:53-72
2. Mark 2	8. Mark 7	14. Mark 11	20. Mark 15
3. Mark 3	9. Mark 8	15. Mark 12	21. Mark 16
4. Mark 4	10. Mark 9:1-29	16. Mark 13	22. More Bible...
5. Mark 5	11. Mark 9:30-50	17. Mark 14:1-31	
6. Mark 6:1-32	12. Mark 10:1-31	18. Mark 14:32-52	

