



*embrace*

# ADOPT A HOSPITAL

WHERE DOES MY WOMEN'S MINISTRY  
BEGIN TO HELP HEALTHCARE WORKERS?



## 1 CONNECT WITH A HOSPITAL

Find out if there are healthcare workers at your assigned hospital among the members of your congregation. Ask if they can connect you with a good contact from the hospital. If you cannot find healthcare workers within your congregation, contact the hospital's chaplaincy office, volunteer office or ask to speak with those who work with community engagement. If you don't hear back from them immediately, be patient. They desire your involvement and help; they are just very busy.



## 2 ASK THE HOSPITAL HOW YOU CAN HELP

Ask the contact at the assigned hospital how your women's ministry might help the healthcare workers. Listen to what they say. Every hospital is different and has differing needs. Don't assume you know what they need and don't assume what you do won't matter.



## 3 BUILD A LONG-TERM RELATIONSHIP

Remember this is long-term ministry. Building relationships with the hospital and healthcare workers is a long-term investment in relationships and people that will continue long after the current healthcare pandemic. Prepare and plan for ministry to continue beyond the foreseeable future.





## SUGGESTED IDEAS TO SHOW SUPPORT AND GRATITUDE:

### CONNECT WITH A HOSPITAL

Let people know you are praying for them. Writing notes and cards to healthcare workers is a very meaningful gesture.

### CARE FOR THE HEALTHCARE WORKERS IN YOUR CONGREGATION

Who are the healthcare workers that call your church home? Can you prepare a meal for them and their family and leave it on their doorstep? When you go grocery shopping or order groceries, can you order for their family, too? The day-to-day things that you do for your family are also needed by healthcare workers' families.

### POSTERS, SIGNS AND CHEERS

Even if it is just three or four of you from your women's ministry standing on the corner outside the hospital with signs saying, "Thank you!" or "We are praying for you!" and other words of encouragement, gratitude and affirmation, it is loved and appreciated by the healthcare workers.

### CARE PACKAGES FOR THE HEALTHCARE WORKERS

Small packages assembled by a small number of people with gloves and masks can be a great encouragement to healthcare workers. A granola bar, gum, small candies, a bottle of water and other treats are a nice way to bring a smile to healthcare workers during their day.

### CARE PACKAGES FOR PATIENTS

Small packages assembled by a small number of people with gloves and masks for patients can be a blessing to them as their families cannot be near them now. Toiletry items such as shampoos, soaps, toothpaste, toothbrushes, deodorant and tissues are items nurses can distribute to patients.

### GIFT CARDS

Providing gift cards to the gas station, local restaurants and coffee shops are a nice blessing to healthcare workers.

### ENCOURAGING NOTES

Chalking words of encouragement at hospitals where healthcare workers can see them.

### MASKS

Providing masks for healthcare workers' families.